Week 3: Live With Purity

Thought
As men of God, we are called to a life of purity. Most men associate purity with sexual morality (body), and with 50 percent of men involved with pornography, that’s certainly a big part of it. Purity, however, also involves our faith, mind and soul. When we seek to love God above ourselves and everything else, our purity leads to holiness, and we can grow into who God called us to be.

Scripture
Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.
2 Corinthians 7:1 (NIV)

Blessed are the pure in heart, for they will see God.
Matthew 5:8 (NIV)

But just as He who called you is holy, so be holy in all you do.
1 Peter 1:15 (NIV)

All who have this hope in Him purify themselves, just as He is pure.
1 John 3:3 (NIV)

Discussion Questions
- Using a scale of 1 to 10, with 1 being the lowest, how would you rate yourself on purity?
- As you think of your words, relationships, finances and thoughts (including sexual), where do you struggle with purity?
- How can you better deal on a daily basis with these struggles?
- How is your purity affected by the TV/movies you watch, the books you read, the music you listen to, and the places you go?

Next Steps
What is one practical step you can take this week to move one step?

Improvement is often a combination of doing more of something and less of something else. The best first step in the area of purity is just to simply STOP. Stop doing what you’re doing. Start paying closer attention to those areas of your life where purity is a struggle and decide in advance not to repeat that same behavior.
**Closing Thoughts**
Ask the group members to pair up and exchange phone numbers to connect and pray before next week’s meeting.

What is the next step each group member should take to move closer to Christ (i.e. weekend service, water baptism, Growth Track or Dream Team)?

Encourage each member to read his Bible and pray with his children and spouse daily.

Close in prayer.