Week 5. Build Strong Relationships

Thought
Strong relationships are an integral part of personal growth, helping others grow and advancing God’s Kingdom. As men of God, we desperately need strong relationships with others for support, accountability, encouragement, prayer, making decisions and developing ideas. It’s critical that we love others and feel loved. And when we stumble, experience loss, etc. – and we will – someone will be there to help us through it.

Scripture
As iron sharpens iron, so one person sharpens another.
Proverbs 27:17 (NIV)

Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.
Ecclesiastes 4:9-12 (NIV)

Discussion Questions

1. Using a scale of 1-10 with 1 being the lowest, how would you rate yourself on having strong relationships?

2. Strong relationships with other men are critical – yet, as men, we sometimes think of ourselves as self-sufficient. What are some of the reasons you hold back from building strong relationships with other men and what can you do to break down those barriers?

Next Steps
What is one practical step you can take this week to move one step?

Make a list of the different roles in your life – husband, father, son, friend, co-worker, brother, mentor, committee member, etc. For each, identify by name those individuals you are in relationship with and the steps you can take to strengthen those relationships.
Closing Thoughts
Ask the group members to pair up and exchange phone numbers to connect and pray before next week’s meeting.

What is the next step each group member needs to take to move closer to Christ (weekend service, water baptism, Growth Track and Dream Team)?

Encourage every member to read their bibles and pray with their children and spouses daily.

Close in prayer.