

# MAN TO MAN

## Week 10: Develop Humility

### Thought

Humility is not thinking less of yourself; it is thinking of yourself less and giving God glory rather than yourself. Jesus calls us to be humble and to be confident that, by His grace, we are equipped for good works that advance His Kingdom. We are ambassadors of Christ, and He is trusting us to minister to people. He wants to use us to connect others to Himself, and our humility is key for His love and presence to reach others through us. There are four important areas in which we need to foster humility: our thoughts, our position, our words, and our actions.

### Scripture

*But He gives us more grace. That is why Scripture says: "God opposes the proud, but shows favor to the humble."*

James 4:6

*When pride comes, then comes disgrace, but with humility comes wisdom.*

Proverbs 11:2

*For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.*

Luke 14:11

*The reward for humility and fear of the Lord is riches and honor and life.*

Proverbs 22:4 (ESV)

### Discussion Questions

- Using a scale of 1 to 10, with 1 being the lowest, how would you rate yourself on humility? Explain your answer.
- Pride is the very opposite of humility. It is the desire to exalt ourselves. In what areas of your life is pride an issue?
- What do you need to do to defeat the spirit of pride in your life and clothe yourself in humility?

### Action Step

This week, be intentionally humble with your thoughts, positions, words, and actions. Begin by paying close attention to your conversations. Focus on encouraging people, and give credit to God and others.