

Small Groups

Leader Conversation Guide – The Prayer of Jabez

Main Idea

This week Pastor Chris shared Part 3 of our series, “Pray First,” and taught us how we can pray when we are in pain. Taken from the prayer of Jabez found in 1 Chronicles 4:9-10 (NIV), this prayer shows us the power of rising above our pain and asking God for the things we know He truly wants for our lives. Today, let’s lean into this scripture and turn our focus toward God, instead of our problems. As we seek God, let’s fully expect for Him to grant us blessing, influence, presence, and protection.

Make It Practical

- Pray for blessing. Prosperity: Having more than I need so I can make an eternal difference in the lives of others.
- Pray for influence. Ministry: Living out my faith for the benefit of others.
- Pray for presence. Anointing: Living my life with God’s power so I can live a supernatural life.
- Pray for protection. Spiritual Warfare: Confronting the enemy with the authority of God’s Name, the truth of the Word, and the power of the Cross.

“Jabez was more honorable than his brothers. His mother named him Jabez, saying, ‘I gave birth to him in pain.’ Jabez cried out to the God of Israel, ‘Oh, that you would bless me and enlarge my territory! Let your hand be with me, and keep me from harm so that I will be free from pain.’ And God granted his request.”

1 Chronicles 4:9-10 (NIV)

Talk About It

1. While God loves for us to talk to Him about our pain, the prayer of Jabez turns our focus off our problems and onto what God has for us. How do you feel about this posture of prayer? Which prayer focus speaks to you the most, and why?
2. If you have or had more than you need so that you could make a difference in the lives of others, what would you do? How does God stir you to be a blessing for others?
3. Pastor Chris encouraged us to dream! What God-size dreams do you have? As a group, spend a few minutes jotting down a personal “bucket list.” Go around the room sharing one or two from your list and commit to praying for each other’s dreams.

“Lord, let me see what You see so that I can pursue all that You have for my life.”

Prayer

Father, thank You for being Who I can turn to when I am in pain. Lord, bless me with more than I need so I can be a blessing to the world around me. Let me see what You see so that I can pursue all that You have for my life. Lord, let Your hand be on me because what You’ve call me to is too big for me to do alone. Father, strengthen me in and rescue me from every attack of the enemy. In Your mighty Name, Jesus, I pray. Amen!

Leader Tips

It’s not too late to join the final week of 21 Days of Prayer. Encourage your members to attend the 21 Days finale at 9 a.m. on Saturday, January 28. More information can be found online at 21days.churchofthehighlands.com.

Encourage your members to take their next step by leading a Small Group. They can register to attend Small Group Leader Training by visiting the link on churchofthehighlands.com/groups.