



“Great Sex” – Chris Hodges
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Review It

Each of us desires to understand love and have stronger relationships. We long for healthy marriages and Godly courtships, but still something seems to be missing. In a world where the relationships we seek seem to be fleeting, the good news is God wants to help! He has much to say about love and relationships. During this series called "Love Story" we will study Song of Solomon for what God has to say on relationships and intimacy.

Talk About It

1. The devil did not create sex; God created sex. The devil wants to corrupt what God created as pure. Discuss the reality that God created sex not just for procreation, but for pleasure and intimacy in marriage.
2. The world has created lies about sex that are destructive to buy into. It has told us that sex is merely an animalistic action, a recreational activity, and an isolated event. Discuss these lies and why it's important not to buy into them.
3. Great sex is affirming and tender. Discuss the value of tenderness and affirmation in the context of marital intimacy.
4. Passion in a marriage is vital to great sex. Passion takes work to maintain. Just like maintaining a fire, it requires effort, much of which takes place outside of the room where the fire is. What things can you do to develop passion and stay attractive to your spouse?
5. Your spouse should be the standard of beauty. The world attempts to show men and women images and ideals that are false standards of beauty. How can we make sure that our spouse is the standard in our life so that we can have security in our intimacy?

Think On It

What is the Holy Spirit saying to you on this topic? Ask Him to reveal any lies you may have believed about sexuality and ask Him to reveal the truth to you. What things do you need to change, as it relates to your sexuality, in order to line up with God's design for sex?

Act On It

If you're married, take time to sit with your spouse this week and discuss your marital intimacy. Ask how you can serve your spouse more in their sexual needs. Start fresh with your sex life lining up with God's standard. If you're single, establish boundaries in your intimacy. Even if you've already crossed certain boundaries, make a commitment to keep a new standard.