

It's complicate^d

but it doesn't have to be

BECOMING ONE

Big Idea

This week, Pastor Robert Morris taught us that the secret to having a successful marriage is becoming one. The word “one” has two definitions that are opposite in meaning. The first way to define the word is singular (e.g. one flower or one ball). We often approach our relationships with a singular mindset. But even though we are born selfish, we are born again generous in Christ. Unity is the second way to define being “one” (e.g. “the team played as one”), and this is God’s desire for our marriages and relationships.

1 Corinthians 6:17 describes oneness as being both “one in flesh” and “one in spirit.” To become one in spirit, we must follow the example of Jesus. He died in order to restore our relationship with Him, and we need to choose to do the same in our marriages. Dying to ourselves means saying every day, “I am giving my life to love and serve you.” The unity of our spirits that results from this mindset makes our marriages stand out from those who live singularly. The fruit we bear in unity is a testament to God’s power and gives us the opportunity to point people back to the Vine. Dying to ourselves will not only bring unity to our marriages, but it will also create a platform for us to make difference in the lives of others.

Discussion Questions

- How did this message challenge the way you view marriage?
- Have you ever found yourself living with a “singular” mindset? What are some ways you have seen this play out in your relationships?
- What is one practical way that you can serve your spouse this week? If you are single, what is a practical way can you serve someone you love this week?

Prayer Focus

Jesus, thank You for dying for us. You gave everything in order to be one with us. Help me follow Your example in dying to myself and living the life of a servant. Transform the way I see relationships, and help me bear fruit in unity that points others back to You.

Next Steps

Earlier, we shared ways that we can serve our spouses and those we love this week. Challenge yourself throughout the week to think of others’ needs before your own. Come back to group next week and share how this impacted your relationships.

Leader Tip

Group members may need inspiration for how they can serve others in the coming week. Be ready to give examples and share how you will be “dying to yourself” this week!