Review it
Of the three persons in the Holy Trinity—God the Father, God the Son and God the Holy Spirit— the Spirit is the One most maligned and misunderstood, not only by unbelievers, but by the Church. Sadly, most people who misunderstand are basing their beliefs on anything but the Bible. Starting with a blank slate and an open mind, let’s meet the One who was meant to be Our Best Friend.

Discuss it
1. Pastor Chris described the awestruck reaction of one Highlands visitor: “Pastor, there was something in that room. Something was happening in there.” Describe the first time you felt the presence of the Holy Spirit.

2. In John 20, “doubting Thomas” asked for evidence of Jesus’ presence, even though He was standing before him. Describe times of doubt when you required demonstrations of God’s presence, and how God accommodated your need to know. Now tell of times when you knew God was with you, with no need for special proof.

3. [Read Acts 1:5-8] When Jesus made an astounding promise to the disciples, that in a few days they would be baptized with the Holy Spirit, they responded with intellect rather than excitement. Have you ever been in the position of the disciples? Have you rejected the presence and power of God to grasp for something you could humanly understand?

4. [Read 1 Thess. 1:5] Though we cannot see the wind, we know its power through the result, for example, wind can power a windmill that in turn generates electricity. Have you ever attempted to do something great but relied only on your own limited power? What happened when you turned over complete control to the Holy Spirit?

5. Of the many benefits of the Holy Spirit: rest, direction, intercession, freedom from bondage, power, miracles, and help with ministering to others, which one has benefited you the most? Are you now aware of any new benefits? How will you appropriate the Holy Spirit’s benefits this week?
**Think on It**
Our theme verse, 2 Corinthians 13:14, describes what we receive from the triune God. Has any one person ever offered you amazing grace, extravagant love and intimate friendship in a way that’s unchanging and unfailing? Throughout the week, thank God the Father, Son and Holy Spirit for the benefits that they alone can offer you.

**Act on It**
[Read Luke 4: 18-19] If you have struggled in your own power to minister to someone heavy on your heart, perhaps your “lifesaver”, this week appropriate the Holy Spirit’s power, guidance, intercession, enlightenment and assistance in reaching out to this person. Come prepared next week to share the results.