Part 1

Big Idea

This week, Pastor Chris started a new series called Frequency to teach us how we can hear from God. As we seek the Lord, we want to limit the distraction of the noise around us. Proverbs 3:6 says, “Listen for God’s voice in everything you do, everywhere you go; He’s the one who will keep you on track.” But how do we hear God? The fact is, you could go out and buy the nicest radio, but if you don’t tune it in you’re still not going to receive anything. The same goes for us – we’ve got to be tuned in to hear God speaking. God has already given us the capacity to hear Him, and He is speaking to us, we just have to learn to listen. How do we do that? We prepare our heart. God’s voice sounds clearest in a prepared environment. To prepare our hearts we repent and turn away from sin, refocus our minds, and revive our hearts. The word repent can sound a little hard and intimidating. In reality, it just means “to turn away.” If you’ve been headed in the wrong direction, don’t sweat it, just turn the other way. That’s what it means to repent. You can do it today, right now, and prepare yourself to hear from God.

“The gatekeeper opens the gate for him, and the sheep listen to His voice. He calls his own sheep by name and leads them out. When He has brought out all His own, He goes on ahead of them, and His sheep follow Him because they know His voice. But they will never follow a stranger; in fact, they will run away from him because they do not recognize a stranger’s voice.” – John 10:3-5

Discussion Questions

- Pastor Chris says that to hear God’s voice, you have to turn down the world’s volume. Discuss the things that distract you most and how to tune out those out to focus on hearing God.
- Share a time when you were going through a situation and you heard God speak to you about it. How did you react, and what did you learn from God’s word?
- Discuss with the group how you create an environment to hear God’s voice. Explain what this looks like practically.

Prayer Focus

Make God a priority by setting a specific time and place to meet with Him. Try to clear all distractions and ask God to speak to you, and to help you hear and understand Him clearly.

Next Steps

21 Days of Prayer has officially started. Make plans to join us as we pray and seek to hear God’s voice! For more information about 21 Days of Prayer and other prayer resources, visit www.churchofthehighlands.com/21days.

Leader Tip

Take time this week to connect with members of your group and learn about where they are in their spiritual journey. Gather their prayer requests and pray for them daily. Make sure to lead by example by participating in 21 Days of Prayer.